

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EY1	Fundamental Movement Skills & Dance Agility	Fundamental Movement Skills & Dance: Co-ordination	Fundamental Movement Skills & Dance: Spatial Awareness	Fundamental Movement Skills & Dance: Force	Fundamental Movement Skills & Dance: Dynamics	Fundamental Movement Skills & Dance: Levels
Year 1	Fundamental Movement Skills relating and incorporating: Netball (passing, moving, throwing and catching)	Fundamental Movement Skills relating and incorporating: Football (balance to Agility / co-ordination, balls skills) Dance (Winter assembly)	Fundamental Movement Skills relating and incorporating: Gymnastics – Individual sequences (Dynamic balance / Static Balance) Football	Fundamental Movement Skills relating and incorporating: Athletics Dance	Fundamental Movement Skills: Football Athletics – running, jumping & throwing	Fundamental Movement Skills relating to: Racket sports - Tennis Athletics
Year 2	Fundamental Movement Skills: Invasion Games – Football (agility, coordination, kicking) Dance	Fundamental Movement Skills: Coordination / Static /counter Balance (gymnastics) Invasion Games – Football/rugby (agility, coordination)	Fundamental Movement Skills: Gymnastics (Dynamic Balance to Agility / Static Balance) Invasion Games – Football/Rugby (agility, coordination)	Fundamental Movement Skills: Netball-ball skills (running, throwing, catching) Invasion Games – e.g. Football (agility, coordination)	Fundamental Movement Skills: Dance (Coordination with equipment / Agility-reaction & response) Athletics – running, jumping & throwing	Fundamental Movement Skills: Gymnastics Athletics – running, throwing, striking
Year 3	Fundamental Movement Skills relating to: Football Dance	Fundamental Movement Skills relating to: Rugby Gymnastics (Coordination / Static /counter Balance)	Fundamental Movement Skills: Gymnastics (Counter balances, rolls) Netball Dance	Fundamental Movement Skills: Netball Hockey Dance	Fundamental Movement Skills relating to: Athletics Swimming	Fundamental Movement Skills relating to: Athletics Swimming
Year 4	Invasion games - Football	Invasion games - Football	Contemporary Dance and Circus skills	Dance – performance skills(Indian) Striking/fielding games (cricket)	Athletics – throwing, running, jumping Striking/fielding games (cricket)	Athletics – throwing, running, jumping. Striking/fielding games (cricket)

Year 5	Football/Dance	Rugby/ Dance	Invasion games.	Athletics/ Cricket Dance: Samba	Athletics Cricket.	Games - Cricket. Batting and fielding skills. Tennis. Athletics.
Year 6	Invasion games – Rugby/football	Outdoor Adventure Activities - Orienteering & Climbing	Net/wall Games: Tennis/Badminton Fundamental Movement Skills	Striking & fielding games: Cricket Fundamental Movement Skills	Athletics – running, jumping & throwing Fundamental Movement Skills	Striking & Fielding Games – Cricket